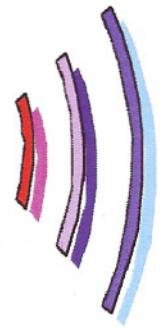


# Call to Care



PRESENTED BY  
**CATHOLIC CHARITIES**

**Call to Care** is a **FREE**, non-denominational educational program for people who have been "called" to care for others.

- Learn how to be **MORE EFFECTIVE** in caring.
- Learn how to communicate and listen better.
- Learn how to avoid **COMPASSION FATIGUE** and **BURN-OUT**.
- Explore the **FAITH** and **SPIRITUAL DIMENSIONS** of caring.
- Learn about **HEALTH** and **MENTAL HEALTH** resources in the community.

"Call to Care has enriched my life both personally and professionally. It takes you beyond intellect and offers the steps necessary to help others in time of need."

**12 CONSECUTIVE TUESDAYS**  
**FEBRUARY 2 — APRIL 19, 2012**  
**9:00 A.M. TO 11:00 A.M.**

**St. Matthews Catholic Church**  
**2140 W. Ontario Ave, Corona, CA**

**TO REGISTER FOR THIS FREE TRAINING OR FOR MORE INFORMATION**

**951-801-5282 EXT 480**

**OR ONLINE: AT THE CATHOLIC CHARITIES' WEBSITE**

**WWW.CCSBRIV.ORG**



This program is funded by Riverside County Department of Mental Health, Mental Health Services Act, Prevention and Early Intervention Programs.